



DAV CENTENARY PUBLIC SCHOOL

VAISHALI NAGAR, JAIPUR

HOLIDAY HOMEWORK 2023 -24

NAME OF STUDENT: _____

CLASS: _____



Dear Parents,



Summer vacation is a break from fixed schedules, rules and regulations of the school. It's time to enjoy & relax but it's the time when the children have to spend a lot of time indoors and it becomes challenge to keep their little minds busy.

Keeping this in mind, we have planned the activities that will help to keep the children engaged, channelize their energy and at the same time improve their concentration, Fine & gross motor skills and promote independent learning. Kindly help and guide your child in completing the work.



This summer break try and make difference-

- EXERCISE TOGETHER: Do exercise early morning with the family. This will give your day a fresh and active start.

- CULTIVATE MANNERS -Respect your parents, grandparents and all elders.

Remember the 4 magical words: PLEASE, THANK YOU, SORRY AND MAY I _____(use washroom / drink water).

Make these a part of your personality.

'A little more courtesy goes a long way.'

- PLAY PHYSICAL FITNESS GAMES - Computer games are good. They sharpen your intellect, but what about your body? Playing fitness games can be a brilliant way to enhance learning abilities, boosting creativity, charging activeness and maintaining fitness.

GAMES LIKE :

- Hide and seek
- Run and collect Red, Green or a particular colour objects.
- Hopscotch
- Throwing and Catching ball
- Walking by balancing objects on head

- **UNRAVEL THE ARTIST IN YOU** - Create a new story, try a new recipe with your mom, learn a new song, play a new instrument.
- **LEARN ABOUT OUR HERITAGE** - Find some time to visit museum and monuments. Learn about them. Learn new things related to your country.
- **SHOW AND TELL** - Choose any 1 object from your surroundings every day (any Toy,Fruit,Vegetable, plastic animals etc.)and let your child speak a few lines on it.
- **INVOLVING IN HOUSEHOLD CHORES-** Do tasks which you can easily accomplish like filling water bottles, keeping them in the refrigerator, watering the plants folding towels, napkins etc. This is how you can get into the habit of helping out around the house. You will set a pattern that will benefit you when you grow up.



Help your child to be more independent by allowing him/her to do the following.

- Buttoning and unbuttoning the shirt.
- Learning to wear shoes and socks.
- Laying the table
- Arranging the toys.
- Clearing the working area after completing the activity.
- Watering the plants.
- Folding napkins or towels.



LET'S EXERCISE DO YOGA: 21ST JUNE

INTERNATIONAL YOGA DAY

- **COBRA POSE:** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend with a arched back



- **CAT POSE:** Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat.



- **BUTTERFLY POSE** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



- **TREE POSE:** Tree is my favorite pose to work on with kids who need help with balance. Kids pretend like their arms are the branches and stretch them high.

Kids can really feel this one working their leg muscles.



LEARNING OUTCOME: Children will be able to learn few Asanas.

**Make cutouts of fruits, vegetables and animal faces.
(any 3)**



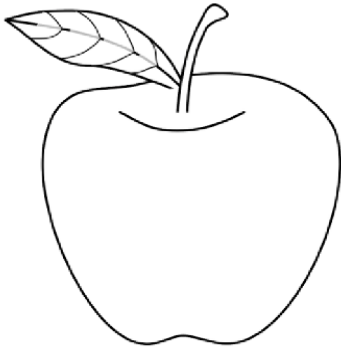
MAKE ALPHABET HUNT CARDS

Method: Take any coloured or white sheet and cut it into a desired shape as shown below eg. Ice cream, Egg shell etc. Write both capital and small letter on the shape and then divide by cutting into two parts.

Give to the child to pair up the correct letters together.



Color the picture



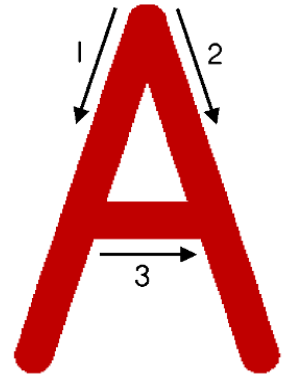
Apple



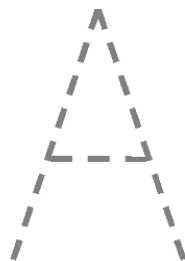
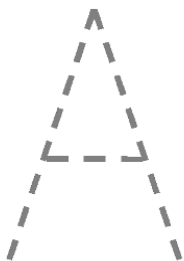
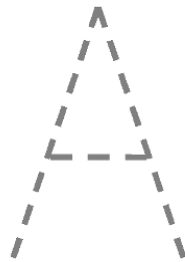
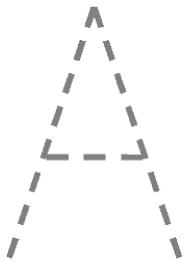
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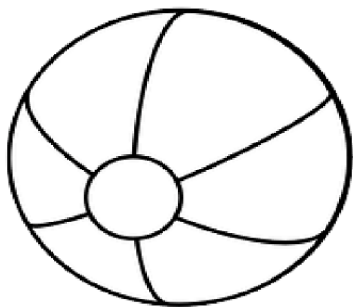
Alligator



Trace the letter



Color the picture



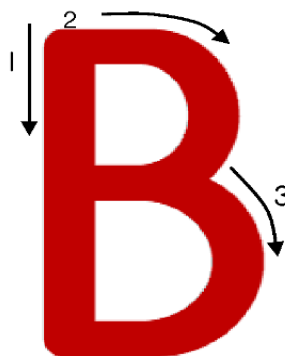
Ball



Butterfly



Banana



Trace the letter

B	B	B
B	B	B
B	B	B

Color the picture



Cat



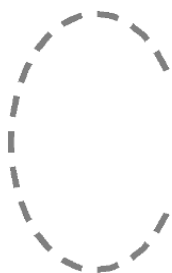
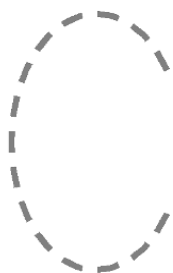
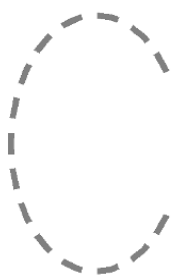
Car



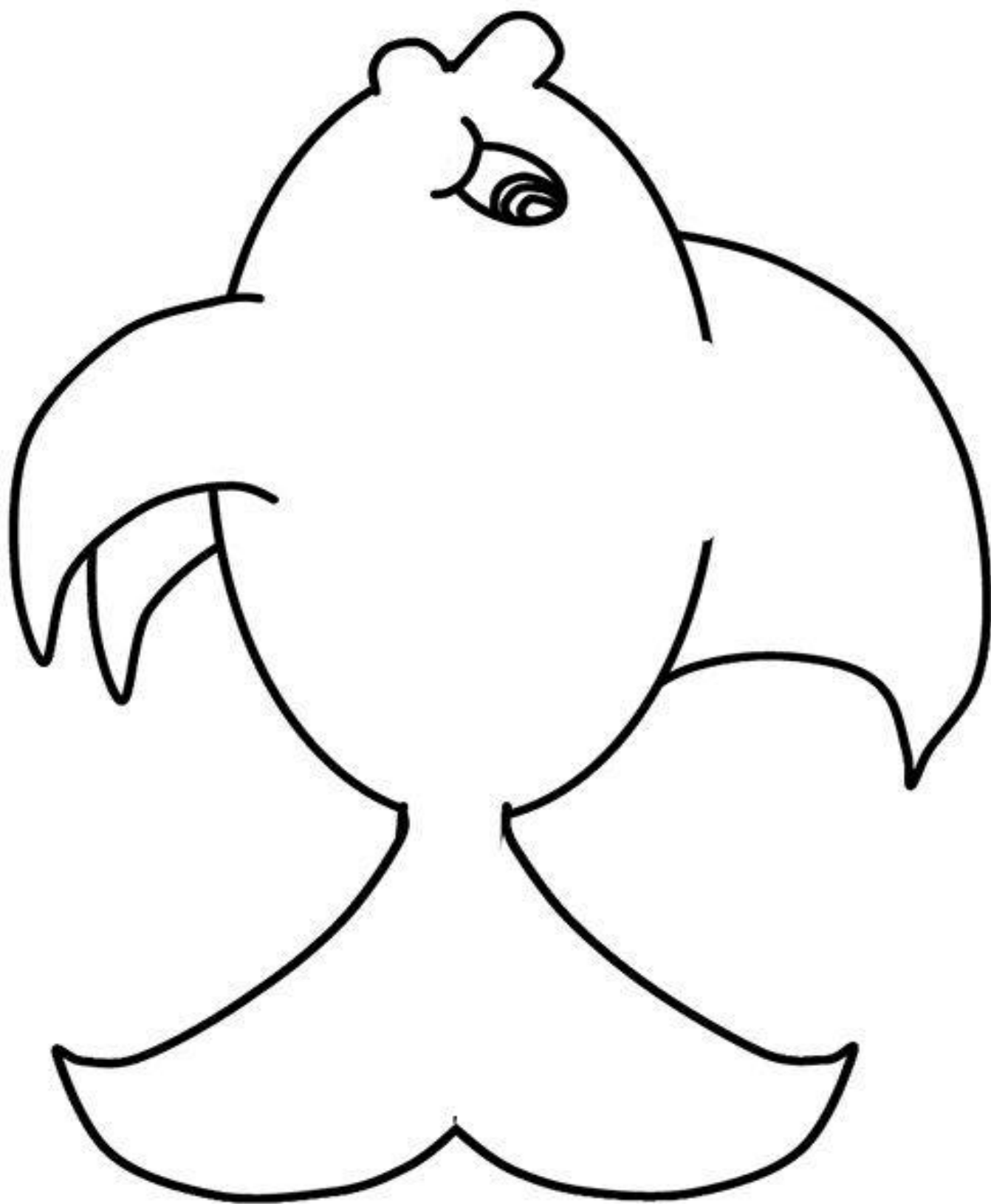
Cake



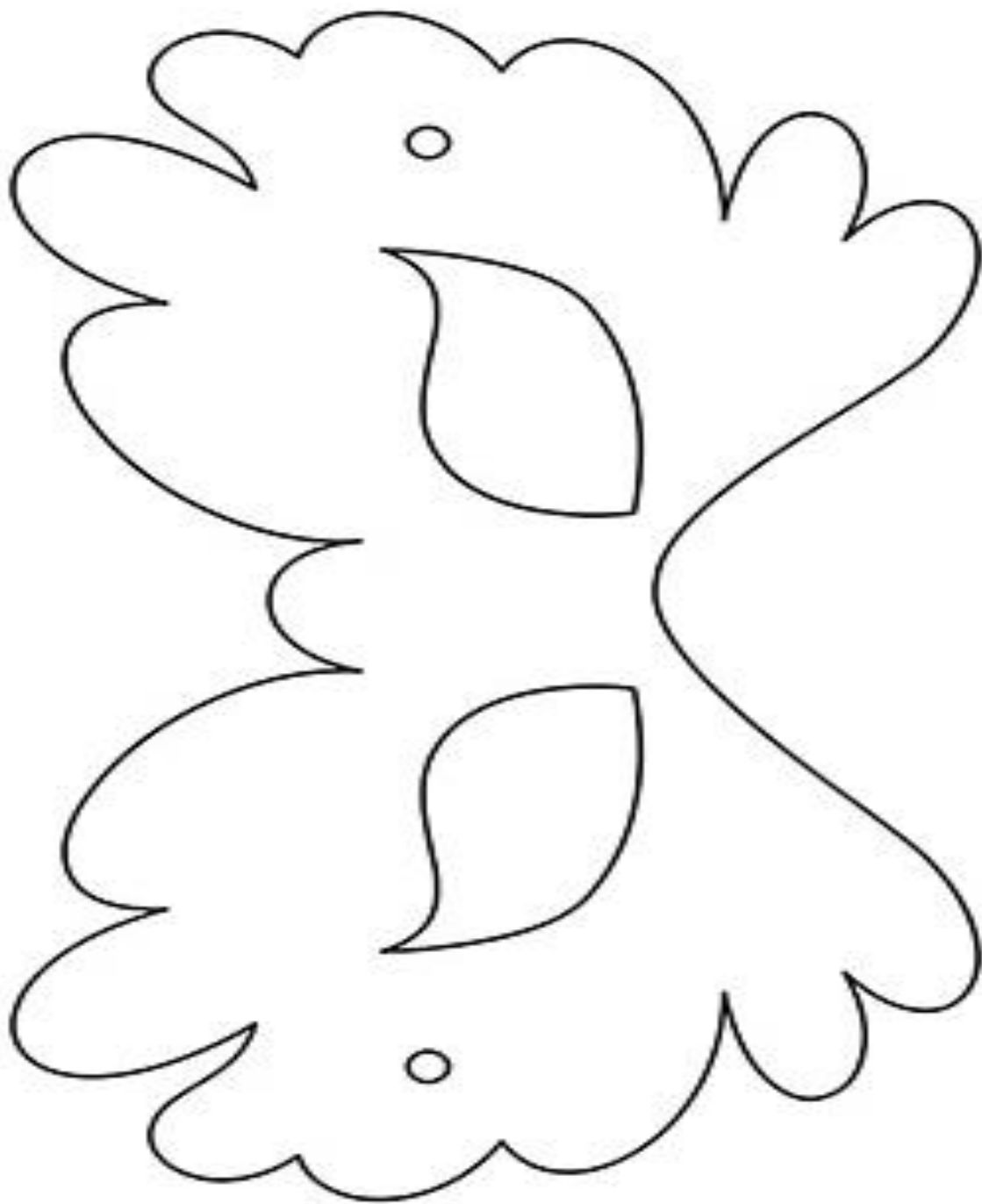
Trace the letter



Tear and paste colourful papers on Fish.



Decorate the mask and put the ribbons around.



Subjects Homework:

ENGLISH

- Practice capital A to D in notebook.
- Revise and learn phonics song and revise the sounds
- Make alphabets with dough for practice. below is the link for alphabet sound song.

<https://www.youtube.com/watch?v=hq3yfQnllfQ&t=60s>

HINDI

- Revise Swar अ से अ:
Below is the link given for Swar song

<https://www.youtube.com/watch?v=sbRhxodPBD4&t=31s>

<https://www.youtube.com/watch?v=0j2XhxCQpoI>

MATHS

- Revise numerals 1 to 10 and daily give some objects to children to count and play numeral game with objects as played in online class.
- Take out chit from bowl and make dough/clay balls and count.
- Play feed the fish game of numerals

EVS

- Revise fruits and vegetables names.
- Play colour games by asking them to collect 3 objects of the same colour.
- Encourage children to use small action words and daily used words for better communication skills eg. Play, sleep, sit, stand, hungry, thirsty, I want, please give, What is this ? etc.



Learn lines on "Myself"

1. My name is _____
2. I study in class _____
3. I am _____ years old.
4. My father's name is Mr. _____
5. My mother's name is Mrs. _____
6. My favourite fruit is _____
7. I like to play _____
8. My school name is DAV Centenary Public School

Have a great



VaCaTion!